Year 7 Transition Booklet

Name:_________________________________

Tutor Group:_____________________________
It is my very great pleasure to welcome you to The Arnewood School. We look forward to working with you in the years ahead and celebrating your success as you progress through the school.

I encourage you to find one thing or more that deeply interests you and that you feel will be the basis of your future career. Finding the right path for employment or higher education can be smoothed by having clear ambition.

The years ahead will be some of the most memorable. We are privileged to help you on this journey and look forward to hearing how you have met your goals as you make your way in the world.

Students joining us in Year 7 will be the class of 2026. We shall work together to shape your tomorrow.

Nigel Pressnell, Head Teacher
Welcome from Current Year 7 Students

To our future Year 7s,

Firstly, we would like to welcome you to The Arnewood School. We hope your time here will be filled with memorable experiences that will stick with you for a very long time. You are joining an amazing school with kind and caring staff and scholarly students, and there is so much to look forward to.

It may seem large and scary at first coming to a secondary school but believe us, after a week or two you will know Arnewood like the back of your hand. With the help of a few friendly faces and staff your transition will be stress free and fun. This year has been a whirlwind of memories with tons of new friends and exciting opportunities.

The next 7 years will fulfill your wishes, from sports and competitions to performing arts and brilliant trips. Push yourself out of your comfort zone to try out as many of these as you can to enrich your time here at The Arnewood School.

You are about to be introduced to so many helpful staff and students who are willing to help you feel as comfortable as possible. If you need to talk to someone about any issues or suggestions, please do not hesitate to ask the staff. Enjoy your time here and we look forward to meeting you in September.

Have a terrific transition!

Gracie Goodsell and Toby Sabin
# ARNEWOOD SCHOOL STAFF

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<tr>
<td><strong>Headteacher</strong></td>
<td>Mr Pressnell</td>
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<tr>
<td><strong>Deputy Headteacher</strong></td>
<td>Mr Price</td>
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<tr>
<td><strong>Assistant Headteachers</strong></td>
<td>Mr Barrett, Mr Colman, Mr Hutson, Mrs Stroud, Mrs Watson</td>
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<tr>
<td><strong>Head of Year 7</strong></td>
<td>Miss Vincent</td>
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<tr>
<td><strong>SENDCO</strong></td>
<td>Miss Zebedee</td>
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<tr>
<td><strong>Student Welfare Coordinator</strong></td>
<td>Mrs Snowdon</td>
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<td><strong>Family Support Officer</strong></td>
<td>Mrs Lenton</td>
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<tr>
<td><strong>Librarian</strong></td>
<td>Mrs Woodacre</td>
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MY FIRST DAY

Your first day at secondary school will be one you will always remember so follow these steps to make it a success!

The night before:

• Have your bag packed
• Have your named uniform laid out ready
• Check that you know how you are getting to school and who you are travelling with
• Set your alarm to allow you plenty of time to get up and ready

On the day:

• Start your first day with a good breakfast and leave the house ready to arrive at school at 8.20am.
• When you arrive, head up the main drive and follow the path round to the right. Here you will find the playground. The school only has Year 7 and Year 12 (our new sixth form students) present for the first 2 hours, so it won’t be too busy.
• Miss Vincent and your tutor will meet you there and ask you to line up with your tutor group.
• You will have a welcome assembly with your year group, before spending the rest of the morning with your tutor group. It is important to listen carefully to all the information being given.
• Your tutor will take you on a tour of the school to allow you to become more familiar with where everything is.
• You will be given your timetable and there will be plenty of people around to point you in the right direction.
• Remember to keep smiling! Everyone else is in the same boat as you and will feel just as nervous.
• After the morning with your tutor, it will be time for your first lessons.
• On your first day you will have 3 lessons before the school day finishes at 3pm.
WHAT IS IN YOUR SCHOOL BAG?

BE PREPARED AND ORGANISED!

Impress your teacher by coming to school every day with all you need to learn and participate fully. Here is a list to help you.

• Any notes in your diary from parents/carers
• All books for today’s lessons
• Pen
• Pencil
• Ruler
• Rubber
• School diary
• P.E kit (if needed)
• Colour pencils
• Calculator / Protractor
• Glue Stick
• Water bottle
• Hair band for long hair

Don’t forget your packed lunch if you choose not to use the school canteen!

LOCKERS

We do not have pegs to leave your belongings like you do at junior school, but we do have a number of lockers in school for you to use. You will receive a form in your induction pack, please complete and return it to school if you wish to apply for a locker. We will let you know as soon as one becomes available.
THE SCHOOL DAY

These are the times of the school day. We have school bells throughout the day but you must always wait for the teachers permission before leaving the classroom.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>0830 - 0845</td>
<td>Tutor Time (or assembly twice a week)</td>
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<tr>
<td>0845 - 0945</td>
<td>Lesson One</td>
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<td>0945 - 1045</td>
<td>Lesson Two</td>
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<tr>
<td>1045 - 1105</td>
<td>BREAK</td>
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<td>1105 - 1205</td>
<td>Lesson Three</td>
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<tr>
<td>1205 - 1305</td>
<td>Lesson Four</td>
</tr>
<tr>
<td>1305 - 1340</td>
<td>LUNCH</td>
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<tr>
<td>1345 - 1400</td>
<td>Tutor Time</td>
</tr>
<tr>
<td>1400 - 1500</td>
<td>Lesson Five</td>
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<td>1500</td>
<td>End of School</td>
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YOUR TUTOR

Every day you start the morning with your tutor group.

The tutor takes the register and leads on a activity such as Thought of the Week, discussions on current affairs, literacy and numeracy etc. You also have an afternoon tutor session after lunch. Your tutor is there every day to answer any questions you may have and to check your school diary regularly. Your parent/carer can contact them too if they have any concerns.

You will have assembly twice a week, once with your year group and once combined with Year 8.
MOBILE PHONES IN SCHOOL

We know that you may find it useful to bring a mobile phone into school. For example, those involved in after school clubs or fixtures or those with a particularly long journey home. In these incidences, the mobile phone must remain switched off and in your bag.

They are not permitted for use during the school day including break time and lunchtime.

You are responsible for the safe keeping of your phone and the school accepts no responsibility for theft, loss or damage.

If you are caught using your mobile phone during school hours it will be confiscated and taken to the Finance Office where you will have to pick it up at the end of the day.

Students need to remember...

See it, hear it, lose it!
SCHOOL UNIFORM

WEAR YOUR UNIFORM WITH PRIDE!

At The Arnewood School we like all our students to look smart and to dress appropriately. Make sure you know the rules about uniform including shoes and jewellery. A full list is available on our website: www.arnewood.hants.sch.uk/parents/school-life/uniform/

Make up and nail varnish are not to be worn in school and you will be asked to remove them.

PE KIT

• Plain black shorts (School skort with logo available for girls)
• School polo t-shirt (fitted available for girls)
• School winter long sleeve top (outdoor activities and cold weather)
• Studded footwear, shin pads and gum shield (for specific activities)
• Plain black swimming costume (girls) plain black swim shorts - no longer than knee length (boys)
• School leggings
• Trainers

All items of clothing, including your PE kit should be clearly named.
THE CANTEEN

The canteen is open during breakfast, break time and lunchtime, where hot and cold food can be bought. We have a Food Hygiene rating of 5. Alternatively, you may want to bring a packed lunch.

CASHLESS CATERING

The cashless catering system eliminates the need for you to carry cash throughout the day. The system is biometric so will recognise your thumb print at the tills.

FREE SCHOOL MEALS

Eligible students will be set up on the school system and payment automatically arranged. If you have any questions regarding this, please contact the finance office.

Breakfast: 8am - 8.30am
Break time: 10.45am - 11.05am
Lunch time: 1.05pm - 1.40pm

MENU

Breakfast
Fruit juices, bacon rolls and toast

Morning Break
A variety of snacks and drinks including beans on toast, teacakes, pizza slices, paninis, baguettes, sausage rolls and fresh fruit

Lunch
Each day we serve one hot meal plus a vegetarian option. We also offer jacket potatoes which can be served with beans, tuna or cheese. In addition, a wide range of salads, filled rolls, pasta pots and fresh fruit are available.
We are very lucky to have a School Nurse on site at Arnewood. If you have a medical condition it is a good idea to find out where the Medical Room is and introduce yourself to Mrs Currie and Miss Freeman.

If you feel unwell or have hurt yourself whilst at school, ask the teacher if you can go to the Medical room. For your own safety, never just take yourself home! The medical team must call home for you and arrange for someone to come and pick you up.

Keeping Healthy

Growing up is all about learning to look after yourself. Food and water are fuel for the body. Eating breakfast and lunch is very important and will help you have enough energy for the day.

Make sure you bring a water bottle with you. We have water fountains around the school site so remember to fill them up at break and lunch.

Own Medicine

If you need to take medicine whilst at school you need to make sure that the Medical Team knows.

Your parent/carer must fill in a medication consent form and bring it into school along with your prescribed medicine. Make sure it is clearly labelled with your name and tutor group and take it to the Medical Room. They will keep it safe for you.
ATTENDANCE AND LATENESS

You should be in school by 8.20am every day ready to be in tutor time by 8.30am. If lessons have already started when you get to school, you must go to Reception to sign in.

In order to get the most out of school it is essential that you keep your attendance as high as possible. We aim for students to have as near to 100% attendance as possible and we reward students who achieve this.

What to do if you cannot come to school

If you cannot come to school your parent/carer should phone the school before 9.30am. If the school is not aware of why you are absent they will try to contact your parents/carer to check that you are safe.

Need to go to the Dentist or Doctor during school time?

Hopefully your appointments can be made outside of school hours. However, if this is unavoidable:

• You should bring the appointment card or note from your parent/carer to show to your tutor.
• Before you leave for the appointment you must sign out in Reception.
• When you come back into school, sign in again at Reception.
The Homework Club runs from 3pm - 4pm every Monday, Tuesday and Thursday in the Library.

This is an excellent opportunity to complete your home learning. Help is always on hand if you need it.

LIBRARY

Open before tutor time, break time, lunchtime and after school

We have a fantastic library here and it’s all yours! You can borrow up to 3 books at a time however it is important to return books to the library staff and not just put them back on the shelves yourself. There is a wide selection of books available and our Librarians Mrs Woodacre and Mrs Phillips will be happy to help you find one that you will enjoy.

We ask everyone to respect others who have come to the Library to study and read.
Learning Support, also known as C10 is a very friendly place right in the middle of school and open to everyone. It is open every day from 8.20am.

We are here to help if you need assistance with your learning or if you need to talk to someone about anything that you are unsure of, or anything that is worrying you.

Don’t forget, if you need help with your homework you can come to the Library Monday, Tuesday and Thursday after school, where one of our staff will be able to assist you.

LOST PROPERTY

- Think about where you last saw it
- Go and have a good look
- All lost property is taken to the Medical Room so check there to see if it has been handed in
FIRE

When the school bell rings continuously, this is the Fire Warning Bell. When you hear this you will be told to leave the building.

You must walk in silence.
You will be told where to go and you will need to line up with your tutor group. Always do as you are told in a fire drill as one day it might be the real thing.

SCHOOL TRIPS

There are lots of opportunities for you to go on school trips, from residential visits to theatre trips. It is important that whenever you are on a school visit you always behave well. If not, you may not be allowed on other school visits.

SCHOOL VISITORS

We often have people visit our school and they will always wear a visitor badge or sticker. Please be polite at all times and make them feel welcome.
TRANSPORT

BUSES

Make sure you arrive promptly at the bus stop and always carry your pass.

We expect all students to abide by the bus company’s rules whilst travelling on the bus. Rudeness to the driver or other passengers will never be tolerated and you could even have your bus pass removed.

BICYCLES

To be able to ride your bike to school you must first get a permit. These forms are available from the Finance Office and must be signed by your Head of Year. You MUST wear a helmet! Bicycles should be securely stored in our bike shed and NEVER ridden through school.

SAFETY AND SECURITY CHECK:

You are responsible for ensuring your bike is in safe working order. Check the following:

• Do your brakes work?
• Is your saddle the right height?
• Have you got a bell?
• Are your lights working?
• Is your tyre pressure correct?
• Do you have a sturdy lock?

PLEASE DO NOT BRING SKATEBOARDS OR SCOOTERS ONTO THE SCHOOL SITE
ACHIEVEMENTS AND REWARDS

Rewards in school are given out by staff through a system called ADDS. This is an online system where staff can award ADDS points. A certain number of ADDS points will earn you a reward. These points are awarded for academic or non-academic contributions.

<table>
<thead>
<tr>
<th>ADDS Points</th>
<th>Award</th>
<th>Reward and presented by</th>
</tr>
</thead>
<tbody>
<tr>
<td>2400</td>
<td>Palladium</td>
<td>Chair of Governors - trophy and scroll</td>
</tr>
<tr>
<td>1800</td>
<td>Iridium</td>
<td>Headteacher - voucher and framed certificate</td>
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<tr>
<td>1500</td>
<td>Promethium</td>
<td>Deputy Headteacher in whole school assembly - voucher and certificate</td>
</tr>
<tr>
<td>1200</td>
<td>Platinum</td>
<td>Assistant Headteacher attached to year group - certificate</td>
</tr>
<tr>
<td>900</td>
<td>Gold</td>
<td>Head of Year - certificate</td>
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<tr>
<td>600</td>
<td>Silver</td>
<td>Student Welfare Coordinator - certificate</td>
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<tr>
<td>300</td>
<td>Bronze</td>
<td>Form Tutor - certificate</td>
</tr>
<tr>
<td>200</td>
<td>Starting point</td>
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</table>
OPPORTUNITIES AND CLUBS

There is a range of extra-curricular activities available to all students. Some clubs run during lunch time and others after school, with the majority being free of charge.

Listen out for clubs and activities information during tutor time.

PREFECT MENTORS

We have a number of school prefects in Year 11, who fulfil various roles in and around school. You can identify a prefect by their silver tie. A selection of prefects have been chosen to be mentors within Year 7 tutor groups. They have been chosen as they have shown real responsibility, as well as how to do well and be happy at school.

Once a week, your two mentors will come to your tutor group. In this time they will run activities and interact with you.

You can ask them for help and advice if you have problems, especially if you feel happier talking to someone nearer your own age rather than a teacher or adult.
WHEN YOU GET HOME AT THE END OF THE SCHOOL DAY

• Empty your bag of the things that you don’t need for the next day and pack the things that you need for tomorrow.
• Do you have letters to give to your parents/carer?
• Look after your uniform
• Do you have homework to complete?
• Don’t forget to tell your parents/carer all about your new experiences!

HOMEWORK

Homework is a key aspect of your education and the school values the opportunity provided by homework to reinforce learning beyond the classroom.

Make sure you write your homework in your student diary, and don’t forget that there is an after school Homework Club that runs every Monday, Tuesday and Thursday in the Library.
YOUR SCHOOL COMMUNITY

All students are expected to conduct themselves in a manner which promotes the interests of the community of the school. You are expected to adhere to the ‘Classroom Agreement’ written by our school’s student council.

To do this we must all:
• Treat everyone in the school community with kindness and respect
• Listen to members of staff and follow all their instructions
• Use digital technology and the internet safely and positively
• Move around the school and classrooms in a safe and responsible manner
• Respect the school environment and the property of others
• Be attentive and polite in lessons and contribute positively
• Attend regularly, be punctual, and not leave the school without permission
• Take responsibility for, and manage, your own learning
• Dress smartly and appropriately at all times

SAFEGUARDING AT ARNEWOOD

There is a Safeguarding Team at The Arnewood School to talk to if you feel unsafe or are concerned about yourself or another student. They are:

Mrs Rolfe (Deputy Designated Safeguarding Lead)
Mrs Currie (Medical)
Mr Pressnell (Headteacher)
Mrs Watson (Assistant Headteacher)
THINGS TO DO IN THE SUMMER

• Read lots to start earning your ADDS points (more about this on the next page!)

• Keep talking! It is important to talk with your friends and family about coming to The Arnewood School, including the things that you are looking forward to or are not sure about.

• Make sure you have all the correct equipment, such as pens, pencils, ruler, pencil case etc.

• Make a note of all the things that you will need to take with you for your first day and remind yourself of the school rules about uniform, jewellery etc.

• Take a trip to the beach or New Forest and make lots of new memories with friends and family.

• Agree times to go to bed and to get up on school days so that you get enough sleep and are ready to learn.

• Time the journey to school or to the bus stop so you know what time you must leave your house and which route to take.

  • Get all of your uniform organised including your PE kit and shoes. Make sure everything is named clearly!

  • Look forward! Change can be scary sometimes but it can also be very exciting. Plenty of new opportunities are waiting for you at The Arnewood School.
KEEP READING THIS SUMMER!

During the summer you have the opportunity to start earning ADDs points for each book read! If you read 5 books over the summer holidays, you could earn 50 ADDS points on your first day back and be well on your way to earning your Bronze Award!

Take a sneak peak at our recommended reading for Year 7 and see how many you can read before September. The full list is on our website under Academic.

Reading is the key to improving all aspects of your English work, and it will benefit you in other curriculum areas too. More importantly, you may be inspired, able to relax more easily, and your imagination will flourish...
A PAGE FOR YOUR OWN NOTES

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