

23rd May 2018

Dear Parent/Carer

Re: Change of date for Assessed D of E Bike Ride – 15th/16th September

Firstly, thank you for taking your son /daughter out to the D of E bike ride on Saturday 19th May. It was an enjoyable experience for all involved, and we picked a beautiful day weather wise.

After having a discussion with our mountain bike trained leader, Mr Cole, who was cycling with the group, we have come to the conclusion that the group need a little more time and practise on their bikes before completing their assessed ride.

We feel the best way to go about this is for the group to complete their pre-assessed ride on 16th/17th June with Mr Cole riding parts of it with them, and giving tutorials on the aspects he feels are most important for the students to know.

We would then look at moving their assessed ride to 15th/16th September. This gives the students the summer holidays to practise some skills that they need to be confident in when riding by themselves in the forest. These skills include:

- Removing and replacing the front and back wheels.
- Reading PSI requirements on the tyre trim and pumping up the tyres accordingly.
- Putting on a dislodged chain.
- Changing an inner tube on the front and back wheels.
- If possible, how to replace a snapped chain.

These skills, amongst others, will all be revisited during the pre-assessed ride with Mr Cole. If students do not have access to a bike, or that of family/a friend to practise these skills on, then please contact me and I will arrange a tutorial before the end of term.

I hope you understand our thinking behind this change of date. Above all else, we want the students to be confident in their cycling, maintenance and navigation skills when they are on their assessed ride to ensure that they have the best chance of passing their Duke of Edinburgh award.

I will add that this change of date will not affect the students celebrating the end of their award as this happens in mid October.

Yours faithfully

Mrs Knight
D of E Coordinator

Rec17/18DofE