

5th April 2019

Dear Parent/Carer

Re: PGL Little Canada, Isle of Wight trip – Friday 26th April - Sunday 28th April

As the Year 8 residential trip to Little Canada approaches, I am writing to update you on some of the details of the event.

Dates/Timings

Due to the number of students going on the trip we have been split onto 2 ferries as we exceed the number of foot passengers allowed. All students should be picked up from school from **1.05pm**. Students from JCR, JVR and AOL need to be at the ferry port in Lymington by **2.15pm** at the latest on **Friday 26th April**. Staff will be waiting for them at Lymington and register them as they arrive. The first ferry departs at 3.00pm, with check-in at 2.30pm, and will not wait for us, so students must arrive promptly. Students from EAL, HHL, GTR and KWR need to be at the ferry port in Lymington by **3.00** at the latest. The second ferry departs at 4.00pm, with check-in at 3.30pm. We will check-in at the ferry terminal and the pupils' luggage will be loaded into cages to go on the ferry. On the ferry, students will remain supervised as a group with members of staff. A coach will then meet each ferry in Yarmouth and take us to the PGL centre.

Students will be allocated cabin/room numbers once we arrive at the centre and will leave luggage and have their first meal as soon as we arrive at the centre. After dinner, they will have the opportunity to settle into their rooms and the first activity will be a full group activity on Friday evening.

For the return journey, we will leave Little Canada after activities on **Sunday 28th April** in time to catch the 17.20pm and 18.20pm ferries back to Lymington. JCR, JVR and AOL will arrive in Lymington port at **18.00pm**. EAL, HHL, GTR and KWR will arrive in Lymington at **19.00pm**. We ask you to be there to meet your child in plenty of time as staff and students are expected to be in school promptly on Monday morning. Attendance at school is vital on the Monday for all students and the girls have their HPV vaccinations on that morning so need to ensure they are in school.

If there are any problems with transport to and from Lymington, please let me know ASAP.

Medical Information and Contact Numbers

Thank you for completing the medical form together with the emergency contact reply slip. If we do not have these returned it is essential they are in the first day back after Easter or scan or photograph the form and send to s.bagshaw@arnewood.net. Without the completed forms, your child will be unable to participate in this visit. If your child requires medication, please ensure it is clearly labelled and handed to me on the afternoon of departure. All PGL staff have first aid qualifications and have access to first aid kits. Your child should be medically fit for the active programme they will be involved in. The emergency contact pyramid will be compiled in case of any problems whilst we are away and, should it be necessary, we will phone one or two parents and ask them then to cascade information down the chain. Your child will receive a memo saying who you will need to call with numbers (if necessary).

Dietary Information

Please ensure that you have indicated any special dietary requirements for your child on the medical form (e.g vegetarian, vegan or any dietary allergies). Special diets can be catered for by PGL if information is provided in advance.

Kit

Please find attached a suggested kit list for the trip. Water bottle, a hat, warm clothing and sensible footwear are **essential items**, as are a **sleeping bag and pillow**. Students will need to bring one case/bag only as they will have to carry their luggage from the ferry to the coach and from the coach to their rooms.

Valuables

Students will be engaged in activities during the days and evenings. Therefore, they should not bring phones, iPods, tablets, portable games consoles or MP3 players on the trip as they are unnecessary. Neither PGL nor the school can take any responsibility for valuables whilst we are away (this would include expensive jewellery). Any phones brought will be collected in and stored in the PGL safe during the weekend.

Spending money

There is a small tuck/gift shop on site at PGL which students will be able to use if they wish, but they do not need to bring any money. If they choose to do so, we would advise that they bring no more than £10.

Emergency Contact Number

Staff will have access to a landline and mobile phones during the course of the trip. In the event of an emergency, please contact:

The Arnewood School Group Leader (Mr Byles) – tel: **07960 215719 / 07508 859249**

Yours faithfully

Mr Mike Byles
Head of Year 8

Kit list for Little Canada – 26th April - 28th April 2019

- Sleeping bag
- Pillow
- Towel
- Pyjamas
- Comfortable trainers for activities (no open-toed shoes)
- Jogging bottoms or equivalent for quad-biking and climbing (comfortable and warm clothing)
- Kagool / raincoat (compulsory)
- Plenty of changes of warm, comfortable clothing and shoes for the activities including underwear and socks (enough for each day plus spares). Be prepared to get both wet and dirty!
- Long sleeved t-shirt/tops and long trousers will be needed for most of the activities (students will not be allowed to participate in some activities if they do not have long sleeves/trousers)
- Smart/casual clothing for the evenings
- Sun cream, sun hat (if it's hot)
- Water bottle (essential)
- Torch
- Black plastic bin liners for dirty and wet clothing
- Toiletries
- Pocket money
- Camera (optional) and at own risk