

24th June 2019

Dear Parents/Carers,

RE: Arnewood Sports Leaders

We are very pleased to be able to offer the Sports Leaders Course during the year 10 core PE lessons from this September. We believe that this is a very valuable course and that the pupils will develop many key skills through its delivery. The most obvious of these are communication, motivation, organisation, planning, confidence, teamwork, responsibility, problem solving and knowledge. The course provides opportunities and experiences to help students become better citizens, enhancing career and job prospects, through the recognition and accreditation of the voluntary work in which they will be expected to participate.

The course also meets the requirements of the skills section of the bronze Duke of Edinburgh award scheme and as a result, a number of students choose to undertake the sports leaders course.

The Award in Sports Leadership has been running at Arnewood since 2004 and has a very good reputation for developing life skills for 14 – 16 year old students. The aim of the course is to give students an appreciation of what is required to lead a good sports session and the confidence and skills to do so.

Candidates cover seven units of practically based work:

1. Planning, preparing and assisting a simple activity.
2. Basic communication skills for leading a sporting activity.
3. Principles and practice in delivering a basic health and fitness session.
4. Understanding fair play in sport.
5. Understanding the role of the sports official.
6. Demonstration of leadership skills in sport.
7. Working with disabled children in sport.

Each candidate must plan and deliver a sports session on their own for a minimum of one hour in total. Students will also be given the opportunity to assist at, or help organise and run, a sports event for local primary schools and/or other secondary schools. The course requires a commitment of £5.00 that covers the cost of certification and badges awarded to successful candidates.

If you would like your son or daughter to be considered for a place on this course, please sign the application form which they have been given and complete and return it together with a cheque for £5.00 made payable to The Arnewood School, with your child's name and tutor group and 'Sports Leaders' course written on the back. If the course is over-subscribed the candidates will be selected on the quality of the written application, and it may be possible to repeat the course in the future if it proves to be popular.

Yours faithfully,

Mrs J Ballantyne
Head of Physical Education

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