

# 'Arnewood Sixth Newsletter'



## Welcome to the Autumn edition -

As we come to the end of a busy half term can I say a big thank you to the students on how they have conducted themselves in what's been a challenging first half term. Students have had to cope with a lot of different procedures and to their credit they have risen to the challenge.

The team building event and BBQ early in October was a success, it was nice to see students relaxing together and getting to know one another.



## Student Leadership Team

Congratulations to the students below who were successfully appointed as part of the sixth form student leadership team: -

### Head Girl & Head Boy:

Alice Sheppard & Justin Benoit-Means

**Deputy Head Boy:** Sam Fulton; Noah Kinyanjui

**Deputy Head Girl:** Matilda Gleave; Ruby Watts



**Senior Prefects:** Victoria Arnold; Hannah Gorry; Jack Harris; Freya Higgins; Sarah Reece; Amiee Waters

## Important date changes: -

**Sixth Form progress check** – The students e-report will be sent out via an email on Monday 9<sup>th</sup> November

**Tutor Parents afternoon** – Wednesday 11<sup>th</sup> November – information attached to this email in a separate letter

UCAS

## University Support:

We are encouraging students to take part in the **UK University & Apprenticeship Search Virtual Fair** on **Wednesday 4 November** (12:00-18:00). This free event features over 100 universities, colleges, and apprenticeship providers from around the UK, along with 10 interactive webinars, and is aimed at years sixth form students, as well as parents. It will provide your child with all the information they need to make informed decisions about their post-18 options.

They can sign up and find out more here:

<https://ukunisearch-london.vfairs.com/>

Students and parents can **chat directly** with a mixture of Russell Group, red brick, and modern universities from around the UK to find out invaluable information about courses, modules and life at university, and discover what **admissions tutors** are looking for in UCAS applications. Attendees can also speak to colleges and local and national companies about their **apprenticeship schemes**.

**10 interactive webinars** will run throughout the day on a variety of university and apprenticeship topics, such as UCAS Personal Statements, Student Finance and Apprenticeships. The webinars are run by university and apprenticeship professionals who will also host Q&A sessions after the presentations. You can view the webinar timetable and presenters list using this link:

[www.ukunisearch-london.vfairs.com/en/webinar-timetable](http://www.ukunisearch-london.vfairs.com/en/webinar-timetable)

## Masterclasses for your sixth form students:

The University of Winchester is pleased to offer online **Masterclasses** designed to support students' decision making as they consider university. These Masterclasses will take place every **Tuesday & Thursday evening** between **20<sup>th</sup> October** and **19<sup>th</sup> November**. All are offered at **either 5pm or 7pm** on the date a student chooses to attend, and students can join at whichever time is most convenient for them.

The topics included within the 1-hour live session are:

- Applying to start your degree in 2021 Personal Statement support
- Employability and thinking about where your degree might take you.
- Student will also have access to a selection of **pre-recorded advice**, depending on their application journey, including support for those from a Compact school which Arnewood is.
- Sessions can be booked by individual students and their supporters at home via:

<https://www.winchester.ac.uk/study/undergraduate/open-days-and-campus-tours/application-masterclasses/>



# Apprenticeships

## World Skills UK LIVE online 26-28 November

Spotlight talks on Careers, Apprenticeships and Excellence



World Skills UK Live online are hosting three days of inspirational talks from some of the UK's biggest employers and influencers, in partnership with BAE Systems from Thursday 26th – Saturday 28th November.

They will shine a spotlight on both skills and careers, giving valuable insights into a range of sectors, as well as role models to help you to get the career you want. Each day will feature 30-minute sessions covering a different theme, as well as a special guest presenter.

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## Thursday 26th Nov: Explore the world of Engineering and Technology

Hear from some of the biggest employers in the sector – such as The Army and BAE Systems – and listen to the inspirational Roma Agrawal, Lead Engineer for the Shard London.

## Friday 27th Nov: Explore the world of Health, Hospitality & Lifestyle and Digital, Business & Creative sectors

Find out how you can become a successful YouTuber from the legendary gamer and digital celebrity Grant Hinds.

## Saturday 28th Nov: Explore employability and the world of work

An exciting experience for the whole family, we explore Employability and the world of work. Hear from Great British Bake-off winner, primetime TV presenter and best-selling author Nadiya Hussain on her ingredients for a successful career.



### FIND OUT MORE

To see the full line up of speakers and to register your place, please visit:

<https://tinyurl.com/Y6C4MYK7>

## Understanding Engineering apprenticeships

What are engineering apprenticeships?



If your child enjoys problem-solving, maths and reasoning then why not take a closer look with them into a career in engineering? Engineers can be found in most sectors and are employed by a huge range of companies, all around the world. The responsibilities can vary from keeping people around the world supplied with fresh water and sanitation to working with technologies to design sports clothing. Tomorrow's Engineer's week is between 2-6th November. You can find out more engineering by visiting: <https://tomorrowsengineers.org.uk/tomorrows-engineers-week>



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## What is an Engineering Apprenticeship?

There are lots of engineering apprenticeship standards ranging from a level 2 to a level 7 that cover a variety of engineering disciplines. As an apprentice, your child will be learning on the job skills and values with their employer, while studying for a nationally recognised qualification. As an Engineering apprentice, they never stop learning.

During the apprenticeship, they will be expected to complete tasks and carry out an End Point Assessment (EPA) to complete the apprenticeship.

## What are the benefits of completing an engineering apprenticeship?

Starting an Engineering career as an apprentice will allow your child to learn from engineers who are experts in their field, build on their practical skills, put into practice what they are learning in their studies, and be part of a team gaining an understanding of the working environment. Throughout their apprenticeship, they will be working on real problems that will make a difference to others.

## What are the entry requirements?

Usually maths and English GCSE 4 or above however, each employer will have their own entry requirements which can be found on the recruitment advert.

## Does your child have these skills?

Engineers are practical people who develop, improve and maintain processes and systems. They are required to know how things work, resolve problems, and discover ways for more efficiency and effectivity.

With this in mind, does your child have any of these skills?

- Attention to detail
- Curiosity
- Creativity
- Critical reasoning
- Resourcefulness

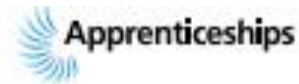
## Questions your child should consider if thinking about an apprenticeship in engineering

If your child likes the idea of being an engineer, that is a great start. The next thing they need to consider is the field that interests them the most. This will help them to decide which route to take. Here is an example of the sectors that opportunities can be available in:

Aerospace	Biomedical
Civil	Marine
Motorsport	Structure
Agriculture	Building services
Electrical	Materials
Rail	Telecommunications
Automotive	Chemical
Electronics	Mechanical
Sound	

## Understanding Engineering apprenticeships

What are engineering apprenticeships?



### ENGINEERING OPERATIVE

If your child wishes to complete the Engineering Operative standards, they will be learning about manufacturing engineering. Gaining transferable skills and knowledge across the sector. Which includes servicing and maintaining machines and equipment, restoring components and providing technical support.

#### Possible job roles include:

- Servicing and maintenance operator
- Mechanical engineering operative
- Fabricator
- Multi-disciplined engineering operative

#### Level:

This is a level 2 standard

#### Typical Duration:

12 - 18 months



### BEM (BUILDING ENERGY MANAGEMENT SYSTEMS) CONTROLS ENGINEER

This apprenticeship is within the building services sector and your child will be learning how to create the most efficient energy management systems, which include heating, ventilation and air conditioning for the public, commercial and industrial buildings. This can also include writing-related software for the design and following up with service and maintenance to the system.

#### Things to consider:

Within this role, your child would be engaging with external and internal stakeholders both in the public and private sector. The job could also be both office and site-based.

#### Level:

This is a level 4 standard

#### Typical Duration:

36 months



### BROADCAST AND MEDIA SYSTEMS ENGINEER

Completing an apprenticeship as a Broadcast and Media Systems Engineer will involve learning about the transmission process to allow the audience to enjoy the TV or radio programme. Some of the responsibilities include designing or installing the technical system infrastructure, maintaining it and being able to identify any faults and making sure that security to the broadcast is not jeopardised.

#### Possible job roles:

Spectrum Planner  
Design Engineer  
RF Transmission Engineer  
Broadcast Maintenance Engineer

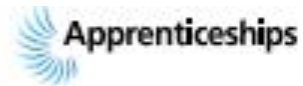
#### Level:

This is a level 6 standard

#### Typical Duration:

36-48 months

## Apprentice perspective: Life as an apprentice in the NHS



Meet Bill, a Mature student at Nottingham University Hospital

William Rayment, or Bill to his friends, has recently started his Registered Nursing Degree Apprenticeship (RNDA). He started working in healthcare in 2013. He is hardworking, passionate, and dedicated to the healthcare industry. As a proud male student who has suffered with his mental health, he is keen to share his story with others.

I struggled with my mental health when I was in my 20's, living away from home I found myself lost. Luckily, my family encouraged me to move back closer to my hometown. I worked with my dad while I got better.

I spoke to the people closest to me about my future. I had previously worked in the Police Traffic Department, where I witnessed first-hand the devastation road collisions can have, but the impact the paramedics and firefighters make on these situations amazed me. Making a difference in people's lives was where I saw my future.

**"I spoke to the people closest to me about my future. Making a difference in people's lives was where I saw my future."**

I started working as a Healthcare Assistant (HCA) gaining experience caring for the elderly. I loved listening to the stories. It was through this role, I was offered an opportunity with the Physiotherapy team as a Physiotherapist Assistant. Within 6 months, I moved to a Band 3 Physiotherapist Assistant. I received lots of training, plus I achieved my maths and English that I missed out on while at school.

An opportunity then arose for a Trainee Nurse Associate (TNA) that I couldn't refuse! I qualified as a Nurse Associate while working in a renal ward at Nottingham University Hospital.



Throughout my time working in health care, I have always received positive praise, support and have always loved what I do. My senior team have spoken to me about gaining a degree in nursing, but I couldn't risk getting into debt. When it was announced that the RNDA scheme was an option, it was a no-brainer and within 6 hours of the position becoming available, I had submitted my application form.

It was during the pandemic that I had a set back with my mental health. Working in a hospital is never going to be easy, but while on the renal ward, you get to know your patients. COVID-19 sadly had a detrimental impact. This hit me hard and it was starting to affect me personally and I found it difficult to cope.

## Apprentice perspective: Life as an apprentice in the NHS



Meet Bill, a Mature student at Nottingham University Hospital

My family and colleagues started to notice a difference in me, they were concerned and recommended I contacted the NHS helpline. This was how I discovered that I was suffering from PTSD, which stems from my time working with the police. Nottingham University Hospital were an amazing support, letting me take all the time I needed and only to return when I was ready.

On 14th September 2020, I started my RNDA. I can't think of anything better than giving back to the local community, which is why apprenticeships are so important, having the next generation of nurses, homegrown from nurses. My colleagues are extremely supportive of the apprenticeship route and believe it is a fantastic way to build up the nursing force.

**"I can't think of anything better than giving back to the local community, which is why apprenticeships are so important, having the next generation of nurses, homegrown from nurses."**

With regards to my own mental health, right now I am extremely happy, I am feeling really positive about the apprenticeship programme and I know that I have lots of progression routes within nursing, which I can't wait to explore. The advice that I now always give myself and anyone that will listen, is to talk. Don't bottle things up, share your feelings with others seek help when you need it, either from family, friends but also don't be afraid to seek professional help.

**"The advice that I now always give myself and anyone that will listen, is to talk."**

I have been extremely lucky to meet Sam Donohue, a Senior Nurse at Health Education England and I was invited to celebrate the NHS's 70th Birthday with the Prime Minister and Jeremy Hunt at 10 Downing Street. This was an incredible adventure for me, one I will never forget.



### SAMARITANS

#### Talk to the Samaritans

The Samaritans are waiting for your call. Whatever you're going through, a Samaritan will face it with you. We're here 24 hours a day, 365 days a year.

If you need someone to talk to, we listen. We won't judge or tell you what to do.

Call 116 123 any time, from any phone, for free.  
Email [jo@samaritans.org](mailto:jo@samaritans.org) (response time 24 hours)











## Exciting apprenticeship standards



Keep up to date with the range of apprenticeships available

Apprenticeships are being developed and released all the time through The Institute for Apprenticeships and Technical Education. The list below shows some of the brilliant apprenticeship standards available.

Find out more here: [www.instituteforapprenticeships.org/apprenticeship-standards](http://www.instituteforapprenticeships.org/apprenticeship-standards)

Construction	Carpentry and Joinery 	Using timber products to create and install building components.	Level 2
Construction	Painter and Decorator 	Working in domestic and commercial properties and undertaking the decoration and protection of buildings.	Level 2
Creative and design	Curator 	Research, understand, develop and interpret collections, themes or subjects.	Level 7
Education and childcare	Early years practitioner 	Work and interact directly with children on a day to day basis supporting the planning of and delivery of activities.	Level 2
Engineering and manufacturing	Lift and escalator electromagnetic 	Carrying out the installation or maintenance, repair and moderation of lifts and escalators.	Level 3
Engineering and Manufacturing	Aerospace Engineer (Degree) 	Creating aircraft components and equipment, specialising in a specific engineering discipline (For example, airframe, design and stress, systems integration, support engineering and manufacturing).	Level 6
Health and science	Clinical Associate in Psychology (CAP) 	Provide high quality, evidence based psychological interventions to inform practices.	Level 7
Sales, Marketing and procurement	Event Assistant 	Working in an events company or event department in an organisation, helping event planners and projects managers to organise and host events.	Level 3

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## Current apprenticeship opportunities



What's available now and in the next few months



Our business thrives on the energy and ideas which new young talent brings to us – that's why the Nestlé Academy looks to inspire, educate and engage those thinking about or just starting out on their careers.

Role:	Engineering	Role:	Food Manufacturing
Location:	Buxton, Dalston, Fawdon, Halifax, Sudbury, Tutbury, Wisbech and York	Location:	Buxton, Dalston, Fawdon, Halifax, Sudbury, Tutbury, Wisbech and York
Role:	Supply Chain	Role:	Digital Marketing
Location:	Buxton, Dalston, Fawdon, Halifax, Sudbury, Tutbury, Wisbech and York	Location:	Buxton, Dalston, Fawdon, Halifax, Sudbury, Tutbury, Wisbech and York

To find out more about working for Nestlé, visit: [www.amazingapprenticeships.com/awc/nestle](http://www.amazingapprenticeships.com/awc/nestle)

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As the largest digital bank in the UK, Lloyds Banking Group is helping redefine financial services, using the latest technologies to support our 30 million customers and meet our aim – to help Britain prosper.

Role:	Data Analyst apprenticeship	To find out more about working for Lloyds Banking Group, visit: <a href="http://www.amazingapprenticeships.com/vacancies">www.amazingapprenticeships.com/vacancies</a>
Location:	London and Bristol	
Closing date	28th October 2020	

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Amazon is the perfect place to start your career with a range of apprenticeship opportunities to suit candidates with different backgrounds, qualifications and career aspirations.

Role:	Operations – Supply Chain/ Business Improvement	To find out more about working for Amazon, visit: <a href="http://www.amazingapprenticeships.com/vacancies">www.amazingapprenticeships.com/vacancies</a>
Location:	Across England	

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The Travis Perkins Group is a market leader which operates 21+ industry leading businesses across the UK. Everything we do and sell is all around you. We are the top performing UK Group in our sector.

Role:	Customer Service Apprenticeships	To find out more about working for Travis Perkins Group, visit: <a href="http://www.amazingapprenticeships.com/vacancies">www.amazingapprenticeships.com/vacancies</a>
Location:	Across England	



## Top 100 Employers 2020

Watch the live streamed announcement of the Top 100 Apprenticeship Employers of 2020!

Employing apprentices is a productive and effective way for any organisation to grow talent and develop a motivated, skilled and qualified workforce. More than 100,000 organisations in England are now apprenticeship employers.

Top employers, who are helping to lead an 'apprenticeship revolution' and getting more people into skilled jobs, will now be recognised in a new national ranking of the leading employers of apprentices.

The Top 100 Apprenticeship Employers 2020 will be announced during a special broadcast on the afternoon of Wednesday 21st October.

The broadcast will feature a full countdown of the new rankings, with analysis and research about the nation's top apprenticeship employers.



To watch the Top 100 Employer 2020 live stream, visit: <https://www.top100apprenticeshipemployers.co.uk>

## CALM: Campaign Against Living Miserably

CALM supports those who are struggling. F

The Campaign Against Living Miserably (CALM) is leading a movement against suicide. Every week 125 people in the UK take their own lives. And 75% of all UK suicides are male. CALM exists to change this.

### Explore issues

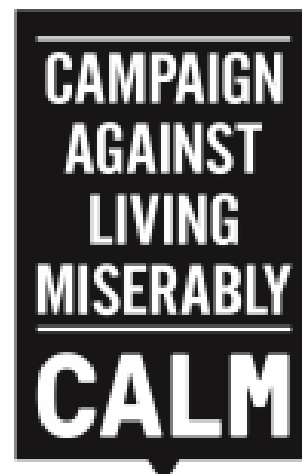
The CALM website can help individuals to learn more about whatever it is that might be getting them down. Their information pages cover a lot of the issues that are often discussed by users of the helpline and webchat. This information can help individuals to understand the issues they are facing and highlight some other organisations that can provide additional help.

Contact CALM via the channels below (open 5pm-midnight, 365 days a year):

**Helpline:** 0800 58 58 58

**Webchat:** <https://www.thecalmzone.net/help/webchat>

The helpline and webchat are for people in the UK who are down or have hit a wall for any reason, who need to talk or find information and support.



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## Useful links to support your Health & Wellbeing

**Young minds:** <https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/>

**Mental Health** - A range of downloadable guides focused on improving mental health - [Access website](#)

**Meditation and sleep:** <https://www.headspace.com/>

**Physical activities:** Stair Climb Challenge... [Click here](#)

**Joe Wicks:** <https://www.youtube.com/user>

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Have a good half-term when it comes!

**Mr. Colman**