

'Arnewood Sixth Newsletter'



Welcome to the February edition -

We hope you've enjoyed half-term and had a restful break.

Following announcements this week, schools across England are set to re-open for all students from Monday 8th March. The Sixth Form will be making a staggered return, the table below outlines when your tutor group is expected to arrive at school. You will have received a letter dated Friday 26th February explaining the return to school, and that schools have been asked to undertake lateral flow tests. If you haven't completed your Covid consent form then this link will take you to the FireFly page to access it: -



While it is not mandatory for students to give consent for testing, we would kindly ask for everyone's support as this is the best way to keep our community safe and minimise having to send students home in the event of further outbreaks.

All students are expected to attend Sixth Form on Monday 8th March at the following times for an assembly and testing.

Monday 8 th March	Arrive at School	Leave School Between
SNT / SVS / SMG	11.30	12.00 - 13.00
SSK / SNJ / SSC	12.30	13.00 - 14.00
SAT / SMZ	13.30	14.00 - 15.00

Normal school day from Tuesday 9th March.

Summer assessment and awarding of Grades

In line with the guidance issued by the DfE, teacher assessed grades will be awarded based on evidence taken throughout the entire course. An article from Chief Regulator, Simon Lebus, explaining the arrangements for 2021 can be found following this [link](#).

A key date for your diary is: -

Tuesday 10th August – AS / A level / Level 3 Vocational Results Day.

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National Careers Week

With National Careers Week starting **next week 1 - 5th March**, we've focused this month's newsletter on routes to higher education, including virtual work experience opportunities. This is going to be really important over the coming months to continue to upskill yourself in preparation for your next steps.

Important dates: -

Webinar outlining the University Application Process.

Wednesday 10th March - 6.00 pm

During this session **Mr. Colman** will cover the application process to UCAS, what is needed to prepare a good personal statement and key dates through the next academic year.

There will also be an opportunity for you to ask any questions.

To register for the event [click here](#)



Year 12 reports to be sent home: Friday 26th March

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Year 12



23-25 March 2021 – This year's festival for Year 12 students explores how voices are amplified or suppressed, and how young people can create platforms for their voices to be heard.

The keynote speaker is journalist, podcaster and author **Yomi Adegoke**.

Joining her on the festival programme are Shout Out UK, Greenpeace, Turner Contemporary Gallery, and EcoActive.

There will also be sessions by Goldsmiths academics from the departments of: Anthropology; Law; Media, Communications and Cultural Studies; Politics and International Relations; Psychology; Sociology; and Theatre and Performance.

The event is **free** to attend and sessions take place between **4.00pm and 7.15pm**.

Year 12 students can book below

[Book your place](#)



PWC Virtual Insight Week

Here's a great opportunity for (virtual) work experience

Applications are now open for the PwC **Virtual Insight Week programme:**
DEADLINE 14th March 2021

If you're in Year 12 and you're keen to understand how you can progress your career in the world of business, accounting or technology at PwC, the PwC Virtual Insight Week offers you a fantastic opportunity to do just this. During this action-packed week students can choose from a range of sessions covering Accounting, Business, Technology and your career development. You'll also have the chance to connect with our people and hear their stories.

The programme will run virtually across five days from **Monday 26 July - Friday 30 July 2021.**

The week is not just about business and accounting - there are also going to be a range of sessions focused on digital skills, innovations in technology, and tech apprenticeships, so Computer Science and Maths students take note!

[APPLY](#)

**SUTTON TRUST UK SUMMER SCHOOLS GIVE YOU THE CHANCE TO
EXPERIENCE WHAT UNIVERSITY LIFE IS REALLY LIKE**

**SUTTON TRUST SUMMER SCHOOLS
APPLICATIONS CLOSE 2 MARCH 2021**

Sutton Trust Summer Schools offer over 40 different courses at 13 of the UK's top universities. We've created an easy search tool below to help you find a programme that's right for you.

Do you want to try a new subject? Or do you want to check whether your current course choice is actually for you?

Keen to visit a university or city you've never been to?

We'll cover the full costs of your travel, accommodation, food and activities at any partner university – not just one that's local to where you live – so choose a Summer School based on your subject interests at a university you'd like to explore.

You may apply to a UK Summer School if you:

Are studying in Year 12 in England or Wales, Year 13 in Northern Ireland, or S5 in Scotland (or equivalent)

Attend, and have always attended, a state-funded school or college (non-fee paying) in the UK

[READ MORE](#)

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We have added more free university and industry events for sixth form students
Check out our listing here

[Opportunities](#)



Speakers for schools - Free talks every Wednesday

[Link to join](#)

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**STEM
AMBASSADORS**
RAISING ASPIRATIONS
SIGN UP BY 1 MARCH

10 WEEKS MENTORING FOR YOUNG PEOPLE AGED 16-18

The STEM Ambassador Programme, in partnership with Brightside charity, is launching a national online mentoring scheme to support young people who are interested in STEM.

Available from end of February to May 2021, the scheme pairs each young person with a STEM Ambassador volunteer who is ready to support them with exploring STEM career options, helping them to feel more confident about their future. The mentoring will take place flexibly, through a moderated messaging system and all STEM Ambassadors are DBS or PVG checked as standard.

Young people will receive:

- 1:1 support and inspiration from a STEM Ambassador
- Support and resources to help them make informed decisions
- Training on how to use Brightside's secure and moderated messaging system

Watch the video below to hear more from young people who have used Brightside's mentoring platform:



Young people can [register for the mentoring programme here](#), the deadline to register your interest is Monday 1 March.



Upcoming Virtual Spring Events

Free Virtual Fair & Webinars in March

Our January event was a huge success, over 28,000 students registered and we answered over 20,000 student questions!

Don't worry if you missed out - due to popular demand we've added a second date on 17th March with even more universities (100+) attending including Oxford, Manchester, Glasgow, Swansea, Queen's Belfast, Reading, Kent, Greenwich and National Apprenticeships. We'll also be hosting a series of new webinars to help guide you no matter where you are in the decision making process.



UK University & Apprenticeship Search Fair

Wednesday 17th March | 12pm - 6pm | 100+ Exhibitors

With university open days on hold, our UK University & Apprenticeship Search Virtual Fair will be returning on March 17th to help students from Years 11, 12 and 13 explore their post 18 options, with **over 100 universities, colleges and apprenticeship providers** from across the UK attending. Students will be able to speak directly with admissions teams and recruitment officers from Russell Group, Red Brick, Modern & Specialist universities, along with higher & degree apprenticeship providers. The event

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will also feature **virtual campus tours** so students can explore universities from their laptop.

[You can view the list of exhibitors who've signed up so far here.](#)

10 live webinars on a range of subjects will run throughout the day such as Choosing a Course, Careers & Employability, Degree Apprenticeships and Student Finance.

[Find out More and Register](#)

Webinar Wednesdays Are Back

Aimed at Year 12 students, we'll be running three webinars designed to support them as they start thinking about their post-18 options. Led by experts from universities and apprenticeship providers, each session will give students an insight into how they can discover their next steps and boost their applications.

Each webinar will be followed by a Q&A session so students can get their questions answered by a panel of experts.

Virtual Work Experience

We've updated our list of organisations offering virtual work experience placements and opportunities for March, so do check it out [here](#)



Next week it's National Careers Week (1 – 5 March)! We're on a mission to make sure no student is left behind, so we're dedicating 14:00 – 15:00 everyday next week to Careers Hour.

Each session is designed to inspire, guide and answer some of your students' questions about what their next step is once they finish school or college.

We've got a line-up that's got something for each of your students...

- Monday:** Student stories: Uni or apprenticeship?
- Tuesday:** CV writing workshop with Reed
- Wednesday:** Jack Parsons: Becoming an award-winning CEO in his 20s
- Thursday:** How to secure a school-leaver opportunity with Fledglink
- Friday:** How to ace interviews

[Find out more](#)

How your students can take part

It's super easy, they can ask questions and give feedback too (we really like it when they do that). They just need to [sign in to their UCAS Hub](#) account at 14:00 (UK time) and hit the top banner. If they don't have an account yet, no problem, it's easy and free! [Just follow this link.](#)

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Year 13

University - Making a decision on your insurance choice.

Students often find the decision for the FIRM choice an easy one but sometimes they do not consider as carefully as they should, their insurance choice.

Watch the RESULTS DAY video before playing the video that has been put together to help you consider making your insurance choice.

They have used cognitive dissonance theory to explain the thought process you go through when making difficult choices .

[Watch results Day video here](#)

[Watch Video on making your insurance choice](#)

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Wellbeing support for students on the BBC

The mental health of young people is more important now than ever so the BBC has launched a **wellbeing toolkit** to help them cope with lockdown.



Aimed at **15-18 year olds**, the toolkit is packed with practical advice, optimistic life stories and mood-matching mixes for you to **recommend** to students who might **need some extra support**.

To listen just search wellbeing in the BBC Sounds



You can download the BBC Sounds App from [Apple](#), [Google Play](#) and [Amazon](#).

Check out some of the shows that are included in the wellbeing toolkit for students:

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Radio 1's Life Hacks - Lockdown Wellbeing



Honest chat about the realities of lockdown life and how you feel. Vick Hope and Katie Thistleton can help with your stress, motivation, sleep, loneliness and more.

Radio 1's Motivate Me Mix



Get your mind and mood on their A-game with these inspirational tracks and tips with mixes from Little Mix, Mark Ronson and Nicola Adams to name a few.

Radio 1's Decompression Session



Unwind your mind with blissed-out beats as Stuart Sandeman provides the tools to remain grounded - no matter what life throws at you.

Get Set With Radio 1



Fashioned on the Pomodoro technique, this get-up-and-go mix helps you strike six things from your to-do list through 10-minute motivational chunks, fronted by Joe Tasker.

Find all these shows and more by searching wellbeing on the BBC Sounds



There's more tips and advice available on [BBC Bitesize Support](#).

There are collections about [Life and Wellbeing](#) and [Mental Health](#) which contain useful articles and clips for young people.

And [BBC Headroom](#) has a collection of programming and content on mental health to help everyone cope with the challenges of lockdown.

Whether it is everyday tips, [sounds to relax your mind](#), [strategies to cope with parenting](#) right now or [films to get you talking](#),

BBC Headroom can help.

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Useful links to support your Health & Wellbeing

Young minds: <https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/>

Mental Health - A range of downloadable guides focused on improving mental health - [Access website](#)

Meditation and sleep: <https://www.headspace.com/>

Physical activities: Stair Climb Challenge... [Click here](#)

Joe Wicks: <https://www.youtube.com/user>

Thanks, and see you a week Monday!

Mr. Colman