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Working Together - Shaping Tomorrow

27th April 2023

Dear Parent/Carer

Re: PGL Little Canada, Isle of Wight, trip – Friday 5th – Sunday 7th May

As the Year 8 residential trip to Little Canada approaches, I am writing to you to inform you of the final details of the event.

Dates/Timings

Students are expected to be in school in full uniform for normal lessons on **Friday 5th May** for **P1 & P2** but will be able to sign out or be collected from school at **11:00am** so that they have time to get home, get changed and have an early lunch before meeting us at Lymington ferry terminal at the times below. Any students who are entitled to free school meals will be able to collect a lunch pack from the canteen before they leave.

Our ferry leaves Lymington at 2:00 pm on Friday 5th May Students will need to be at the ferry port in Lymington by 1:15pm at the latest on Friday 5th May. School staff will be waiting for them and register them as they arrive. The ferry departs at 2:00pm with check-in at 1:30pm and will not wait for us so students must arrive promptly. We will check-in at the ferry terminal and the pupils' luggage will be loaded into cages to go on the ferry. On the ferry, students will remain supervised as a group with members of staff. A coach will then meet us in Yarmouth and take us to the PGL centre.

Students will be allocated cabin/room numbers once we arrive at the centre and will leave luggage and be given a tour of the centre. The first meal will be the evening meal on the Friday so please ensure they have had food and bring snacks with them to 'survive' until then. After dinner they will have the opportunity to settle into their rooms and the first activity will be a full group activity on Friday evening.

For the return journey, we will leave Little Canada with a packed dinner on **Sunday 8th May** in time for students to catch the **7:00pm** ferry back to Lymington. Students will arrive back at Lymington ferry port at **7:45pm** and we ask you to be there to meet your child in plenty of time as staff and students will be tired from a busy weekend and will want to get home.

If there are any problems with transport to and from Lymington, please let me know asap.

Medical information

Please make sure your child's medical information is up to date on Arbor by **Tuesday 2nd May**. Without the updated information, your child will be unable to participate in this visit. If your child requires medication, please ensure it is clearly labelled and handed to a member of staff at the ferry port on the afternoon of departure. All PGL staff have first aid qualifications and have access to first aid kits. Your child should be medically fit for the active programme they will be involved in.

Dietary Information

Please ensure that you indicate any special dietary requirements for your child via email to s.bagshaw@arnewood.hants.sch.uk (e.g vegetarian, vegan or any dietary allergies) asap but at the latest by Monday 1st May. Special diets can be catered for by PGL if information is provided in advance.



Kit

Please find attached a suggested kit list for the trip. Water bottle, a hat, warm clothing and sensible footwear are **essential items**, as are a **sleeping bag and pillow**. They will need to bring <u>one case/bag only</u> as they will have to carry their luggage from the ferry to the coach and from the coach to their rooms. One of the activities is due to be kayaking, please ensure, therefore that they have a change of clothes and <u>shoes</u> which are OK for getting wet. They will also need a black plastic sack to bring these home in.

Valuables

Students will be engaged in activities during the days and evenings. Therefore, they should not bring phones, iPods, tablets, portable games consoles or MP3 players on the trip as they are unnecessary. Neither PGL nor the school can take any responsibility for valuables whilst we are away (this would include expensive jewellery). If you believe your child needs their mobile phone in case of emergency, these should be handed in to staff at the ferry port and will be stored safely during the visit. They can then ask a teacher if they feel the need to use it. For safeguarding reasons, mobile phones with cameras are not to be used in student cabins and we ask you to remind your child about this.

Spending money

There is a small tuck/gift shop on site at PGL which students will be able to use if they wish but they do not need to bring any money. If they choose to do so, we would advise that they bring no more than £10.

Emergency Contact Number

Staff will have access to a landline and mobile phones during the course of the trip. In the event of an emergency, please contact:

The Arnewood School Group Leader (Mr Byles) – telephone number = (to be advised via email by Friday 5^{th} May)

Yours faithfully

Mr M.Byles Head of Year 8

Kit list for Little Canada – 5th-7th May 2023

- Sleeping bag
- Pillow
- Towel
- Pyjamas
- Comfortable trainers for activities (no open-toed shoes or
- Jogging bottoms or equivalent for quad-biking and climbing (comfortable and warm clothing)
- Kagool / raincoat (compulsory)
- Plenty of changes of warm, comfortable clothing and shoes for the activities including underwear and socks (enough for each day plus spares). Be prepared to get both wet and dirty!
- Shoes for water activities
- Clothes for water activities
- Long sleeved t-shirt/tops and long trousers will be needed for most of the activities (students will not be allowed to participate in some activities if they do not have long sleeves/trousers)
- Smart/casual clothing for the evenings
- Sun cream, sun hat (if it's hot)
- Water bottle (essential)
- Torch
- Black plastic bin liners for dirty and wet clothing
- Toiletries
- Pocket money
- Camera (optional) and at own risk