



# THE ARNEWOOD SCHOOL

Working Together - Shaping Tomorrow

Gore Road, New Milton, Hampshire, BH25 6RS

Tel: 01425 625400

Fax: 01425 625425

enquiries@arnewood.hants.sch.uk

www.arnewood.hants.sch.uk

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Dear Parent/Carer

## Re: PE Lesson Expectations

Please see below a reminder regarding injury/ illness and PE lesson expectations.

If a student is excused from a PE lesson(s) please ensure the student arrives at the lesson with a signed note detailing a brief description of why they cannot participate in the lesson. We endeavour to include all students in the lesson in some way, therefore **Students are still expected to bring their PE kit and get changed** if they are excused from a lesson(s). Students who are physically unable to get changed due to an injury/illness would not be expected to change, for example if they are on crutches, have recently had an operation or if their clothing is unable to get over a cast.

Thank you in advance for your support with this matter. Please do not hesitate to contact if you have any questions.

Yours faithfully

Miss M Samuel  
**Head of PE**

